



November 11, 2020

To Our Ciena Healthcare and Laurel Health Care Company Families:

This past year has been very difficult on our residents and families. We have attempted to limit the spread of COVID-19 in our facilities, and while the precautions we have taken are necessary, we do understand it has been especially hard for families to not see their loved ones.

As the holiday season approaches, the number of cases in our communities continue to rise (please reference the data below). With family dinners and events being planned, I ask that you work with us to keep our vulnerable patient population safe.

We **strongly recommend** you **DO NOT** take your family members home for the holidays, as gatherings, both large and small, can potentially be dangerous in terms of the spread of COVID-19. We cannot prohibit you from doing so, but if you choose this approach, please take all measures to limit potential exposure. Social distance with chairs at least six feet apart, wear masks at all times unless eating, **DO NOT** hug, kiss or shake hands, and if any family member has any of the following signs or symptoms, please ask them not to attend any gathering where one of our residents would be present:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Please understand that upon return to the facility, residents will continue to be screened for COVID-19 symptoms and per protocol, **will be placed in 14 days of quarantine** while they are monitored. However, this will also be dependent on our logistical ability to provide a suitable room for quarantine. It is important that your family discuss the potential consequences of any decision to take your family member home and that your loved one and your family be aware

of the requirement for quarantine as well as the likelihood of room changes and/or lack of available rooms to return to.

If you have any questions, please reach out to the facility where your family member resides. We appreciate your assistance in making this a safe and happy holiday season!

Sincerely,

Drew J. Packey, DO

Corporate Medical Director | Ciena Healthcare and Laurel Health Care Company

COVID-19 Daily Cases – Michigan

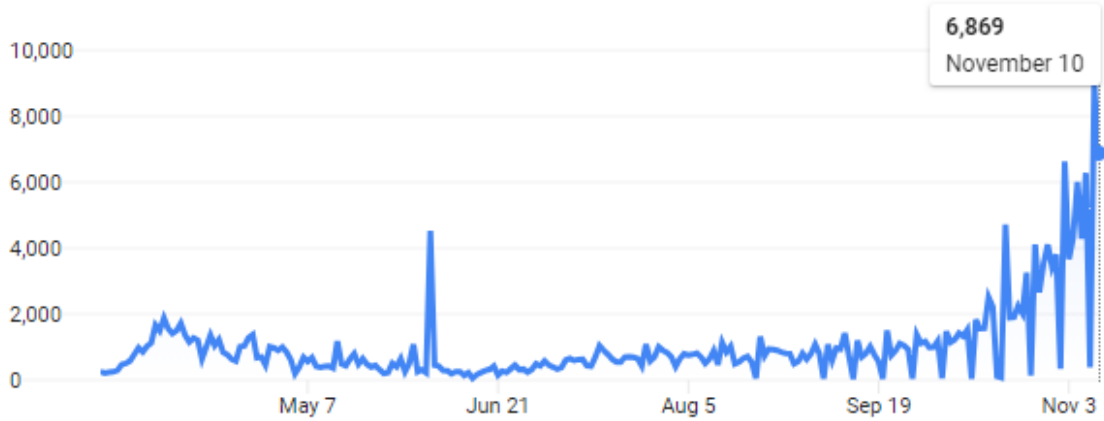
Daily change

New cases ▾

 United States ▾

Michigan ▾

All time ▾



COVID-19 Daily Cases – Ohio

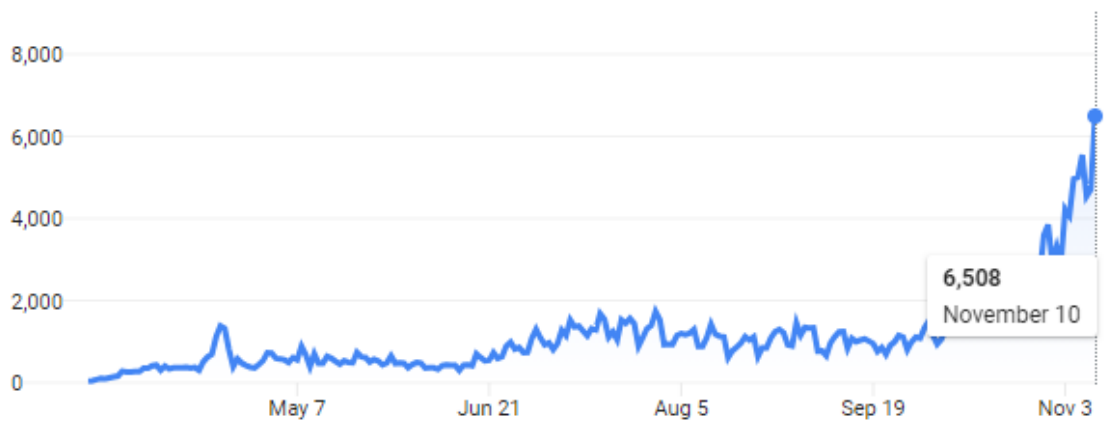
Daily change

New cases ▾

 United States ▾

Ohio ▾

All time ▾



COVID-19 Daily Cases – Indiana

Daily change

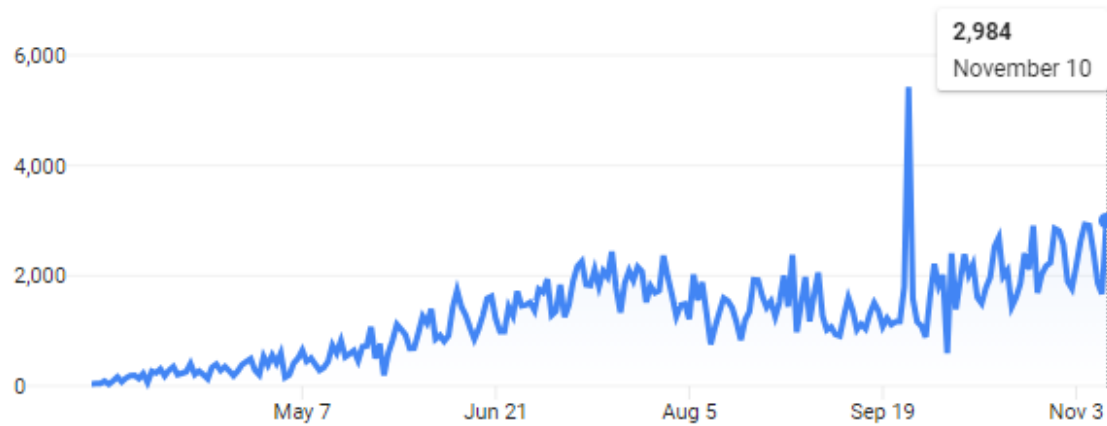
New cases ▾ United States ▾ Indiana ▾ All time ▾



COVID-19 Daily Cases – North Carolina

Daily change


New cases ▾ United States ▾ North Carolina ▾ All time ▾



COVID-19 Daily Cases – Virginia

Daily change

New cases ▾

 United States ▾

Virginia ▾

All time ▾

